

[Date]

Dear Mr./Ms. [Last Name],

Thank you for your continued involvement with the Boston RISE research study. We have several pieces of news to share with you.

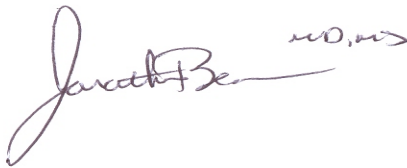
Our Research Coordinator, Nicole Holt, is leaving in December to start a new position at Massachusetts General Hospital. We are very excited for Nicole as she embarks on this new phase in her professional life. Laura Griffith will be taking on the role of Research Coordinator, and she will continue to contact Boston RISE participants who regularly speak with Nicole.

We are also excited to announce that another one of our papers has been published in the *Archives of Physical Medicine & Rehabilitation*. We have included the abstract of the paper for you to review. We are also including the abstract of a paper that was published in the *Journals of Gerontology*. We will post the full text of both of these papers on the Boston RISE website, <http://www.bostonrise.org>. Several other papers are in progress, and we look forward to sharing abstracts from these papers with you as they are published.

If you have any questions, please contact Laura Griffith at (617) 952-6951.

Wishing you and yours a joyous holiday season and all the best in the New Year!

Kind Regards,

A handwritten signature in blue ink that reads "Jonathan Bean" with a flourish at the end.

Jonathan Bean MD, MS, MPH
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Director, Research Training and Education
Department PM&R, Harvard Medical School